

## ADD TOTAL NUMBER OF ANSWERS HERE:

## YOUR COUNT:

- A. \_\_\_\_\_ Words of Affirmation
- B. \_\_\_\_\_ Quality Time
- C. \_\_\_\_\_Receiving Gifts
- D. \_\_\_\_\_ Acts of Service
- E. \_\_\_\_Physical Touch

## YOUR SIGNIFICANT'S COUNT:

- A. \_\_\_\_\_ Words of Affirmation
- B. \_\_\_\_\_ Quality Time
- C. \_\_\_\_\_Receiving Gifts
- D. \_\_\_\_\_ Acts of Service
- E. \_\_\_\_Physical Touch



**NOTE: Handout designed by OhMeDay Coaching . . . information borrowed from** *Gary Chapman's book, The Five Love Languages: How to Express Heartfelt Commitment to Your Mate.* 

